

76th Annual JLA REGATTA PROGRAM

Saturday and Sunday Aug 3rd & 4th 2019

Brought to you by the JLA!

- Membership & Registration Desk open: Saturday from 9:30am to 10:30am
Sunday from 7:30 am to 3:45 pm
- ALL PARTICIPANTS MUST BE REGISTERED AND WEAR "WRISTBAND" DURING ALL EVENTS. REGISTRATION IS FREE to MEMBERS OF JLA—their children & grandkids
THERE IS A CHARGE OF \$5/pp FOR NON-MEMBERS AND VISITORS

Saturday Aug 3

SAILBOAT AND WINDSURFER RACES - SHARPES BAY

**All must pre-register or and sign up prior to race--Saturday morning 9:30-10:30am*

Register: Call Dave Hoyle cottage 656-2727 or 647-620-5586 or davis.hoyle@gmail.com

Check in is at Wolf Island (Quarry's) by 1:30 pm, starting horn 2:00 pm

**Class I Sunfish, CL11 (or similar); Class II= CL14 (or similar); Class III= Lasers, CL16 (or similar)*

Class IV Catamaran; Class V= Windsurfer Medals Presented at end of Race, after-party at Sweeney's BOAT DECORATING PARADE - 2:30 pm gather at ROBBINS BAY to Narrows, Centre, Sharps, Green Island, Wagars medals at after party Sweeney's (656-9191 or annashubik@gmail.com) Centre Bay see handout

Sunday Aug 4 Main Event at the Boat Launch and Marinas

8:00 am FUN RUN 5 Km RACE (Forest Glen Marina to past G.O.M Resort via Shady Lane & back)

Women : 12-15, 16-24, 25-39, 40-54, 55-64, 65+

Men: 12-15, 16-24, 25-39, 40-54, 55-64, 65+

8:00 am IRON MAN Try-Athalon Shady Lane Run, $\frac{1}{2}$ mile Swim across lake, 3 km Bike to start line open to all, medals for 1st 2nd 3rd - bike and accompanying swim spotter must be arranged by competitors.

8:45 am KIDS' RUN 1.5 Km RACE (Forest Glen Marina to Shady Lane turnoff & back)

Children 8 & under, Girls 9-11, Boys 9-11 Medals for each category and Participation Ribbons for all

9:00 to 9:45 am DISTANCE SWIM (Anchorage Dock) * Note: Strong swimmers only

Kids: 12 & under; Girls: 13-15, 16-18 Women 19-29, 30-39, 40+

Boys: 13-15, 16-18, Men 19-29, 30-39, 40+

- Each swimmer must be accompanied by their own non-motorized watercraft with a spotter (life jacket, whistle & safety equipment) *3 whistles to summon help

9:30 am Book and Bake Sale Opens, Kids Craft Table starts at 10:00 am

10:00 am *** Medal Presentations for Fun Run, Iron Man & Kids' Run ***

10:30 am SWIM RACES (Forest Glen Marina)

First Race Mini Swim*(floatation devices allowed; may start in water) Participation Ribbon-no medal

Girls : 6-7, 8-9, 10-11, 12-13, 14-15, Women: 16-25, 26-39, 40+

Boys : 6-7, 8-9, 10-11, 12-13, 14-15, Men: 16-25, 26-39, 40+

12:00 am ***Medal Presentation Distance and Swim Races, Smoke Signals Photography Winners, Ice Out Contest Winners

12:30 pm JOUSTING (4th Annual Anchorage Dock - Open only to 8 Competitors Champion takes gold

1:00 pm KAYAK & CANOE RACES (finish line at Anchorage Dock) *LIFE JACKETS MUST BE WORN

1st race: Canoe: Adult (20+) and Child (12 and under) 8th race: Kayak: Girls: 14 & under

2nd " Kayak: Men: 15 - 20, 9th " Canoe: Boys: 15 & under

3rd " Paddle Board: (Open Men and Women) 10th " Kayak: Women: 15 - 20

4th " Kayak: Men: 14 & under 11th " Canoe: Men: 16 & over

5th " Canoe: Women : 15 & under 12th " Kayak: Women: 21+

6th " Kayak: Men: 21+ (*10 minute break to prepare canoes)

7th " Canoe: Women: 16 & over 13th race: Bang and Out - 2 paddles: All ages combined - team of 4

Please turn over

2:15 pm FIRE PUMP COMPETITION (at the Anchorage docks)

2:30 pm *** Medal Presentation for Canoe & Kayak Races *** at Anchorage Marina

3:00 pm THREE-LEGGED RACE (Forest Glen Lawn)

Open (boys and/or girls): 6-7, 8-9, 5 and under;

Boys: 10-12, 13-15, 16-18, 19-29 Girls: 10-12, 13-15, 16-18, 19-29 Mixed :(1 man/1 women) 30+

*** Medal Presentation for 3-Legged Races ***

3:45 ***Note: Registration and Membership booth CLOSING before start of Egg Toss**

4:00 pm EGG TOSS (Forest Glen Marina)

***Gold Medal Only (sudden death no ties in final heat)**

All Rounds Open (boys and/or girls): Children 8 and under; 9-12; Teens 13-16; Adults 17+

4:30 pm TUG OF WAR (Between the Marinas in the water) ***Gold Medal Only (in final heat)**

-teams of up to 4 in all categories ****Minimum Age: no contestants under 6 years old**

Kids: (Boys and/or Girls): 6-9 Girls: 10-13; 14-17; Women 18 up Boys: 10-13; 14-17; Men 18 up

***REGATTA RULES**

1. All entrants must be REGISTERED prior to entering an event. (wristband shown)
2. There must be three entries to make a race
3. Any participant taking shortcuts or being unfair to others will be disqualified or may receive the BLACK Medall
4. JUDGES DECISIONS ARE FINAL
5. Should a dispute occur, refer to RULE 4

REGATTA FEATURES

The JLA Membership & Registration Booth will be open Sat 9:30 to 10:30 am (*be sure to have Membership paid up to register for Sailing or Boat Decorating) and Sunday 7:30 am to **3:45 pm** to answer questions about the association and the lake and to accept payment of dues or register people for the Regatta. Annual \$50 Membership fee supports: maintenance of Marker Buoys & Lights, the purchase & maintenance of Fire Pumps for your protection, Government Liaison with Logging and Environmental Activities, bi-annual Smoke Signals newsletter, Canoe lessons; Kids' Fishing Derby, Red Cross swimming lessons; Nature Camp; JLA Film Festival; Volunteer Appreciation Corn & Hot Dog Roast: as well as this Regatta.

The Bake Sale table is open from 9:30-2pm. and a Books, Videos, Games and Children's table to include small toys will be open at 9-1pm. Please contact Dawn Tower-DuBois: dtdnvs@ntid.rit.edu before Aug. 3 about donations.

Visit the Environmental Booth to discuss Invasive Species, Quarries and Logging and their impact to Jack's Lake.

There will be an Arts and Crafts area for the Kids to draw, paint and create images related to the lake, participation ribbons will be given.

The Apsley Lions Club Food Booth will be serving hotdogs, hamburgers, fries and cold drinks.

The JLA is grateful for the use of both Anchorage Marina's and Forest Glen Marina's properties which allows this annual tradition to continue. As well, thank you to all the volunteers who donate their time to make the Regatta a huge success.

Volunteers are always needed - if you have enjoyed this event; please come out and help with events or tables to keep it running for years to come!

***NOTE:** *All persons attending this event do so at their own risk and shall indemnify and save harmless all persons connected to this Regatta from any and all claims or losses arising directly or indirectly from the Regatta.*